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mnda motor neurone disease association

Reading and West Berkshire

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News Letter

Royal County of Berkshire Show 2015

His ...

Once again our presence at the Royal County of Berkshire Show at Newbury Showground was a huge success. Over 60,000 people attended Berkshire's biggest event over the two day period, and our team did a fantastic job in promoting the branch and our Facebook page.

While MND awareness was the main priority, our tombola stall, donations, and collection buckets raised £778.52 for branch funds.

As you will see elsewhere in this newsletter, Lin Jenkins handed over £5,575 to Vice Chair Philip Adams on behalf of the Jenkins family.

Our team of volunteers and young helpers was truly amazing on both days, and special thanks to Bob & Linda from JUST Newbury Ltd who generously supported our tombola.

Finally a big thank you to everyone else involved, and to all of our supporters who make this branch event a lot of fun, and very worthwhile.

Barry Dodds



Mary is ready to go



Joanna Knott, Andy & Ruth Hall, Barry Dodds, Lin Jenkins

... and Hers

Huge thanks to everyone who supported our stand at the Royal County of Berkshire Show. A large number of gifts for the successful tombola were donated by friends and supporters throughout the year, and their generosity is very much appreciated.

Special thanks to Tina & Samantha McCarthy for the knitted toys & wrist loom bands, to Gill Selby and Paddy Lunn who were superb in helping me preparing the tombola prizes during July and August, and for our stand set-up & clean-up crews: Barry Dodds, Andrew Wall, Netta Thorne and Val Pearson.

Not forgetting our wonderful 'Team MND' for getting everything ready at the showground and for manning the stand over the 2 day period. We could not have done this important event without all of your support....THANK YOU ALL.

We have already started collecting items for our stand in September 2016, and if you would like to support us, please Contact Mary Dodds: email MaryDodds@mndrwb.org or 'phone 0118 9414956.

Mary Dodds



Pictured left

Lin Jenkins hands over a cheque to Vice Chair, Phillip Adams

and right

Lots of people at the stand but still time for a friendly chat



Clare and Julie get in the swim

Friends Clare Rowley and Julie Hewstone are making a splash with their biggest challenge so far - to swim the distance of five marathons in a year.

With one down already they are set to tick off their second epic swimathon – the equivalent of the New York Marathon – in October raising funds for the MND Association.

Mum-of-two Clare, aged 43, from Arborfield finds swimming the next best thing to running after having suffered a stroke which left her unable to walk. She and Julie, a health care assistant from Binfield, swam the equivalent of the Channel together last year and really enjoyed it.



Clare Rowley and Julie Hewstone

Julie, whose friend Chris Gray is living with MND, said: "We were looking for another challenge to help keep us fit and to raise money for charity at the same time.

"We came up with the idea of swimming the equivalent of one marathon but couldn't choose one charity – that's when we decided to swim the five top marathons around the world linking them to the charities that are closest to our hearts"

Their first challenge at Wokingham's Carnival Pool (The London Marathon) raised funds for Cancer Research UK in September. It is being followed by four further marathons - the New York (The MND Association), Sydney (The Stroke Association), the Antarctic (Alzheimers Research UK) and Athens (Great Ormond Street Hospital).

The plucky pair aim to complete each challenge of 1,684 lengths (26.2 miles) within six weeks at a rate of about six miles a week. The total for all five marathons is a whopping 8,416 lengths!

To sponsor Clare and Julie's challenge for the MND Association visit:

www.justgiving.com/Clare-rowley1

Jane Gilbert

And Ian swims the Channel - indoors ...

Another amazing supporter, Ian Eggleton, swam the width of the English Channel in his local pool this Summer in memory of his mother who died of MND.

Ian, an architect, raised more than £1,000 for the branch during his epic endurance test clocking up 1,448 lengths near his north London home.

"Having had six years out of the pool until recently this was quite a challenge," said the plucky 41-year-old who has two young daughters.

"The branch was absolutely wonderful with my mum and to us as a family – to know you are not alone is so important."



Family picture at the Harris Gardens

Ian aimed to finish his swim around June 28th, the first anniversary of the death of his mother, Christina, who lived at Tilehurst.

He and his brother Stuart, who has already completed a running and kayaking challenge for the Association, decided to mark the day with a family picnic at her memorial bench which is sited at the University of Reading's Harris Gardens. They were joined by dad Ken, wives Colette and Lucinda, and children Anna, Elsa, George and James.

Jane Gilbert

Jolly boating weather

The September sun shone on this lucky group who spent a relaxing day gently cruising along the Kennet and Avon Canal from West Mills, Newbury to Hungerford.

Once again generous host, the Rotary Club of Newbury, had hired the specially adapted barge Rebecca and invited the Association to join its crew.

Skippers Julian Dickens and Chris Bartlam steered a steady course while Avril Cole manned the locks and John Winchcombe kept everyone entertained with his legendary magic tricks.

Special thanks to Association Visitor Joanna Knott who arranged the transport to and from the boat and made sure the day went off smoothly.

Jane Gilbert



All aboard Rebecca with Newbury Rotary Club's John Winchcombe

Time for tea by the Thames



Edward and Tabitha D'Archambaud prepare for the raffle

Tea and cakes fit for TV's Bake Off queen Mary Berry were on offer at the annual summer social event by the Thames at Caversham.

Nearly 50 people enjoyed a cuppa and some tasty treats courtesy of the Motor Neurone Disease Association's Reading and West Berkshire branch.

Volunteers served tea at Reading Canoe Club to people living with MND, their carers and those who had lost loved ones to the devastating neurological condition which has no known cure.

Reading West MP Alok Sharma was due to attend to learn more about the effects of the disease but was forced to cancel due to his own health issues after a trip to India.

Publicity officer Jane Gilbert said the tranquil Thames-side tea party has become a popular event for all ages.

"For one severely disabled lady it was the first time she had left her home for months and she and her family made an enormous effort to get her there," she said.

More than £200 was raised from a raffle and donations to support the branch's vital work in making sure that people living with MND get the best possible care and help.

Jane Gilbert



Chair Margaret Moss (center) with guests and helpers

If you would like to receive newsletters by email please contact Val Pearson:
Valerie.a.pearson@btinternet.com

Please also contact Val if you know of anyone else who would like to receive a copy of the newsletter by post or email

Hassan's Fun Day

On 13th September a fund raising afternoon was held by the residents of Redwood House and Lindley Lodge, Hungerford.

The event was organised by Chef Hassan Guerriudj in fond memory of resident Ronald Morrison who sadly lost his fight with MND in May of this year.

A total of £437.21 was raised on behalf of the Reading and West Berkshire Motor Neurone Disease Association.

Resident members with their families and friends welcomed visitors to the event with our branch collection buckets at the ready. MND Association literature was distributed at the event and also at the nearby Hungerford Rugby Club and in the local area.



John, Betty and Megan Morrison

Mark Keeley entertained us all afternoon with his musical renditions from the 1950/1960 rock and roll era, and had all the residents singing along harmoniously which was good enough to win a place on the X-Factor television reality show.

Special thanks to everyone who participated in this fun day event, to Betty Morrison who was ably supported by her son John & granddaughter Megan, to Ginny McGuire, to Brian Edwards who donated a large teddy to the raffle, to Lizann Howard for the brick-a-brac stall, and assistant chef Glen for his great food & beverages in the barbeque stand.

Thanks also to Jane Riley, Robert & Cassandra Coates for helping on the tombola stall and to Liz Fisher who helped with all the posters.

Mary Dodds

Meredith runs again for her amazing dad



Busy working Mum Meredith Miller (pictured right) recently presented the branch with nearly £1,500 raised in sponsorship from her second Reading Half Marathon.

Tax consultant Meredith, from Caversham, was inspired by her "amazing dad" Bill Potts who sadly lost his battle with MND in May 2014 just five months after his diagnosis. She and good friend Judy King teamed up again for the challenge this year determined to help with fund-raising for the Association's vital work.

Meredith's total included a generous £250 donation from her employer, Grant Thornton, based in Winnersh.

Jane Gilbert

A Bit of a Do

Do you remember that song - "It's such a perfect day. I'm glad I spent it with you"? I was lucky enough to share such a day with Margaret & Tony Moss on their 50th wedding anniversary.

Their celebration lunch was held at a beautiful venue in Abingdon, The Cosener's House. Tucked away near the River Thames, it was a perfect setting for a gathering of friends. The food and wine were superb and the company even better.

I would like to give my heartfelt thanks to you both for all you have done for us. We are able to support people living with MND in this area, both financially and emotionally, largely due to your leadership and we would not be the successful branch we have become without you.

So dea-shláinte a thabhairt duit araon, good health, to you both and long may you continue.

Val Pearson



Monica's story

Mum-of-five Monica Seville's loving family regard themselves as her foot soldiers in her battle with MND. Since her diagnosis they want to grab every minute they can with her and make sure her Reading home is filled with fun and laughter. Here, thanks to her Eyegaze, Monica pays tribute to her wonderful family and talks about her life with MND.

My name is Monica, I was diagnosed with MND on the 31 July 2013.

My world came crashing down around me, it was the worst day of my life. I still can't believe this has happened to me. I have an amazing family and carers - they keep me going.

I feel very blessed to still be alive.

My family keeps me going, I see them everyday, they take it in turns to come and see me.

The first thing I noticed was that I started limping, I would fall over and then my right hand started twitching.

As the days, weeks and months went by I became progressively worse and the only part of my body I could move was my head and my left thumb.

I am so grateful to be alive.

I went into hospital about six months ago with breathing problems, they told my family I would not make it through the night. My family was distraught, and the doctors did not want to give me any oxygen, My Mum begged them to give me some and they did.



Monica with some of her family at the Reading and West Berks branch Summer tea party from Left: brother Keith, mother Catherine, grand-daughter Jada and daughter Natalie

I am still here and I don't intend on going anywhere for a long time.

My family, myself and my carers will continue to fight this war until we win this battle.

I would not wish this terrible disease on my worst enemy.

I am very lucky to have the carers I have, they will do anything for me.

They always listen to what I have to say, and they act on it.

One of the worst things about this illness is when I have to wear a face mask to help with my breathing. No-one can understand me when I am wearing the mask.

I get so frustrated about it, but I manage to keep my cool. It is not anyone's fault and it is really hard watching my carers and family doing my housework. I was so house proud, at least I can talk or use my computer to communicate with everyone. I know I am lucky to be able to talk and eat, I feel very blessed. I eat and drink very well, the only thing is I have to remove my mask often when I'm eating and when I'm having my medication.

I try not to think about it too much otherwise I will get upset. I just take each day as it comes.

I have met some amazing people since I became ill, I would not have met them if I did not have this dreadful illness, so there are some positives.

I just want to mention a few people who have had a major impact on my life, first the most amazing woman in the world, who happens to be my Mum. If it was not for my Mum, I would not have those amazing holidays abroad so thank you. Thank you for being you, I love you unconditionally.

My brother Keith is an incredible man. Keith has always been the one to take me to all my hospital and doctor appointments, there was never a day when Keith could not take me, I always come first. Thank you for what you have done for me and my family, I love you from the bottom of my heart, I know you will keep up the good work.

I have two amazing daughters, Natalie and Shona. We have always been very close, they are my rocks, they are with me most days, they are so strong, but I know deep down they are struggling to come to terms with the fact they are going to lose their Mum, but we don't talk about that, only positive things. They keep me going bless them, I love you girls more than you will ever know.

I have also been blessed with two amazing granddaughters Jada and Saraeya. We are very close and I see them all the time. They are the reasons I have to keep going.

My family are my soldiers, we will keep fighting this dreadful war together.

Having MND is like being behind bars in prison, watching the world go by, and there is nothing I can do about it.

I hope one day soon, they will find a cure for this dreadful disease.

Whatever plans you all have, just do them, because you don't know what's around the corner. There is no warning.

Yo-o heave ho

(The Volga Boatmen - or should that be vulgar boatmen?)

Traditionally we are a sea-faring nation, I seem to have inherited a love of the sea, having been born with a naval connection (ok, that should be a navel connection!) When a credit card company very kindly(??) refunded PPI instalments that we paid many years ago, just because they mis-sold it, we took the opportunity to book a cruise through the Baltic.

Our first three shore trips were to explore the cities of Zeebrugge, Warnemunde and Helsinki. The only problem was in Helsinki where the roads are made from very large cobbles and the pavements from very rough flag-stones with gaps of up to 3" between them. Some also stuck up as much as 1". It puts a whole new meaning to the term "going for a trip ashore" I thought some of our pavements were bad. If any local council in this country had pavements like it they would be bankrupt in a month with all the claims from people who had tripped over. It was very uncomfortable getting around in my wheelchair. I must confess that I soon gave it up as a bad job whilst I still had fillings in my teeth!!

Our first Russian excursion was to St Petersburg where the Russian revolution began. The main thing that struck me was the opulence of the palaces/churches as compared to the drabness of the utilitarian blocks of flats.

The second day we drove to Peterhof, just outside St Petersburg and visited the Palace. In 1941 a Teutonic Charlie Chaplin lookalike organised a "package holiday" to Russia for some 4 million of his countrymen When they were "evicted" in 1944, among other acts of vandalism, they totally destroyed the palace (...and they say our holiday makers are bad!!). Rebuilding began in 1945 and today most of the work is complete. The palace, pictured above, with the fountains and cascades is a breath taking sight.

Estonia - our next port of call - has had a very checkered past having been invaded/ruled/subjugated by many different races/countries over the years. Whilst they declared independence in 1918, they agreed to become part of the USSR after WW11. Whilst they were making up their minds Uncle Josef very thoughtfully kept them entertained by anchoring half the Russian navy just off their coast and flying half the Russian air force overhead. What a thoughtful despot he was!!!, so no pressure there then. It was not until



the break-up of the Soviet Union that they truly achieved independence. Nowadays Estonia is described as a developed country with an advanced, high-income economy and high living standards. It ranks very high in measurements of economic freedom, civil liberties, education, and press freedom, plus they are extremely friendly and welcoming.

Our last 3 trips ashore were to Stockholm, Copenhagen and Oslo. I had tried to learn 2 words of the local language for each country we visited: 'thank you' and 'goodbye'. It was made somewhat easier for the last 3 trips: the word for 'thank you' is pronounced as 'tack', although spelt differently in each country. For about the first 2 weeks after we returned I annoyed the family by constantly using the Russian words 'spasibo' (thank you) and 'do svidaniya' (goodbye).

Alec Jenkins

£1,250 boost from John Lewis

We've had a whopping £1,250 slice of the £3k charity share-out in John Lewis Reading's Community Matters green tokens scheme for May, June and July.

Thanks to JL and all the customers who voted to support people living with MND. The branch is especially grateful to MND Association Young Ambassador Polly O'Gorman for her help in raising the charity's profile at the store.

Items for sale

Lin Jenkins and her team of Salvage Hunters moved onto the Reading Festival site after all the festival goers had left and managed to collect a large quantity of nearly new items which she now hopes to sell to raise money for the Reading and West Berkshire branch of the MND Association.Items include :

- folding chairs £3
- various pop up and dome tents £5 - £10
- wellington boots - lots of sizes £3
- blow up mattresses - single and double £3 and £5
- sleeping bags £3 - £5

Contact Lin on 0118 941 2738 or email rlp.Jenkins@Tiscali.co.uk

Rob Leigh's Walk

This article was originally written by Pam Phillips, whose husband Rob lost his battle with MND earlier this year, for the Henley Golf Club newsletter. It shows some interesting examples of the NHS postcode lottery.

May I, through the newsletter, add my congratulations to Rob Leigh on completing an amazing 30 mile sponsored walk from Wembley to Henley Golf Club in April. To date, Rob has raised the magnificent sum of £9,135.15, thanks to the generosity of club members and friends, which has been presented to the Motor Neurone Disease Association, Reading and West Berks branch, in memory of my husband, Peter Phillips.

It was only when I attended their Summer Tea Party at Reading Canoe Club for patients, supporters and carers in July that I discovered just how useful that money will be.

I did not realise that until a year ago there were no cough assist machines for people with MND to borrow and have in their own homes in the Reading and West Berkshire area whereas Peter was supplied with this very necessary piece of equipment because he lived in Oxfordshire and came under the MND Centre in Oxford.

Through fundraising the Reading and West Berkshire branch of the MND Association now have 4 of these machines on loan, although they could do with more. They cost between £3000 - £4000 each.

Also in the Reading area there is no community respiratory nurse/physio to help in the home with the non-invasive ventilation machines, an essential piece of equipment for Peter and again we always had contact with wonderful physios at the Churchill Hospital to help with masks, regulating the air supply and other problems.

Currently Reading and West Berkshire branch of the MND Association are negotiating with the Respiratory Department and Health Commissioners to see if they could initiate funding of an appropriate community post to prove the usefulness of such a service.

Eight years ago the Reading and West Berkshire branch of the MND Association joined with the West Berkshire Neurological Alliance to fund the post of a specialist nurse in rare neurological diseases which the Health Service took over after 2 years as it proved to be so successful in ultimately saving the NHS money and giving much needed support to people living with MND.

Another area they want to spend money on is appropriate training of care staff in the home and on developing a training programme with reference to the special needs of the MND patient. Peter was very fortunate that the care agency we used have a team of expert carers who had gained valuable experience with other MND patients in the recent past and together we were involved with their ongoing training from the various health agencies.

The branch would also like to provide more support for carers and help fund some of the exciting research progressing at Oxford by Professor Kevin Talbot, Dr Martin Turner, Dr Malcolm Proudfoot and others.

So you see, the money is much needed and will be well spent. Thank you very much, Rob, from all our family and friends. It was a cause very dear to Peter's heart and he was thrilled to be at the Club to welcome you on that day in April.

Pam Phillips

Jenko and the Bear have done it again...

102 miles from Chipping Campden to Bath Abbey over 6 days averaging around 17 miles a day. This was by far the most challenging walk we've done to date with much of the route taking us up or down very big hills over challenging terrain. We were joined on the final 3 days by my fiancé Danielle Manley who did 54 miles of the route with us.

Ross Jenkins



Picture shows Ross, Danielle and Paul with their 'stick man' friend

MoNDeo man in a million



Good luck to inspirational Alex MacColl whose beloved Ford Mondeo has embarked on a journey literally all around the world.

Inspired by friend Richard Dawson's "Big MND Race", he has come up with the "Big MoNDeo Challenge" to raise funds for South Bucks and Reading and West Berks branches.

An entire side of the vehicle now has an MND Association inspired livery - with the hashtag "#BIGMND" and the numberplate "B16 MND", as previously featured on Richard's taxi.

The car, along with Alex and two other supporters, has already ticked off Asia.

"We want to drive to every continent - raising awareness, visiting local branches, spreading support and most importantly - making a huge amount of noise", explained Alex, who lost his aunt Cath Hazell to MND.

"I'm even more excited to tell you that in early October - the car is being shipped to Perth, Western Australia - and will be used on a charity drive/road trip during February/March 2016, taking in some of the Australian MND branches, specifically Ian Pratt (currently suffering from MND) supporters back where he lived.

"From there, the plans are roughly - back to Europe for a "Big MND Race 2016" next summer, then to Iceland, Greenland, America (will visit the source of the ALS Ice bucket challenge and numerous local branches), South America, Cuba, South Africa (possibly attempting to beat the current record South Africa-London in less than 11 days), and then finally Russia, and we'll be done".

The car features a two sided design - on the left hand side a scheme dedicated to fundraising for the MND Association and on the right hand side a scheme for Alex's company MacColl Media. The idea being that when in Europe or abroad for charity, overtaking traffic will see the MND scheme, and when in the UK, the MacColl scheme.

Jane Gilbert



MND Campaign Network

The Motor Neurone Disease Association (MND) campaigns team, aims to raise awareness so the needs of people with motor neurone disease (MND), and everyone who cares for them are recognised, and addressed by wider society. We welcome members, and supporters to campaign with us, to help create positive change to the lives of people living with MND, and their carers.

The Government's changes to health services, and provision are based on the idea of 'localism' - this means giving local people and clinicians more power to make decisions about the services they need.

Please join our Campaign Network to help us influence Clinical Commissioning Groups (CCGs), who have taken on responsibility for large NHS budgets. Health and Wellbeing Boards, based in councils, and reviewing how to join up services better, and Local Healthwatch bodies, who are promoting the voice of the public.

We will get in touch with you via email to give you ideas, and advice on how to start campaigning locally, and keep you up to date with our national campaigning work, such as the MND Charter.

To sign up please email: campaigns@mndassociation.org or call 01604611684.

Rachael Martin-Smith
MND Campaigns Manager (South)

Profile on Polly - our new Young Ambassador

This time last year I had never encountered anyone affected by MND and had not realised that the celebrities who were, at the time, doing the "Ice-Bucket Challenge" were doing it all in aid of MND.

Then I met Margaret Moss over a counter at John Lewis, Reading and all that changed. I was suddenly part of the Reading and West Berkshire branch of the MND Association and I have been taken under the wings of the warm and welcoming committee. I see myself bringing youth and new ideas to the committee who, over the last year, have involved me in various events.

I feel privileged to have been asked to be part of a movement to help find a cure one day for MND. I have met such wonderful individuals who are involved with the branch and this is why I am determined to help raise awareness of the disease.

On the 8th August, I took part in the AJ Bell London Triathlon to help raise awareness of MND, completing the 'sprint' distance 750m swim, 20km bike and 5km run in a total of one hour thirty-nine minutes. Having completed this same distance a year ago, I came in one second faster this year. I thoroughly enjoyed the event competing alongside many friends and family.

I also managed to recruit my sister-in-law to wear a MND run vest during her heat on the day. There were a few other MND t-shirt and vest supporters, but I am keen to further the awareness of the disease throughout the various sporting competitions I compete in.

On Sunday 25th October, I will be doing the ten mile long Great South Run in Portsmouth alongside my brother. My brother Tom and I will both be wearing the MND run vests to further people's awareness and I've also roped him into taking part in doing a refreshing 'ice bucket challenge' post run. If anyone would like to support us on the finishing line, you're more than welcome and your support will be much appreciated.

I have briefly mentioned John Lewis as my place of work, but it has played a big part in the branch receiving £1250 of donations. I am delighted that I was able to nominate MND to receive the "Community Matters" funding and hope that this will be the beginning of more donations.

Polly O'Gorman



Polly and sister-in-law Charlotte O'Gorman

What a fantastic year!

The Summer Season has now finished, and we were happy to hand over a cheque for £5,575.00 to Phillip Adams, Vice Chair of the branch, at the Royal County of Berkshire Show. This represents our fundraising for the period from 1/9/14 - 31/8/15. Work has already started on the next year, with car boot sales going to the beginning of November. We are currently booked into Christmas events at Thatcham, Theale, Whitchurch, Wokingham and Pangbourne, with more to come. We hope to have a Quiz Night on 13th November. We will also attend as many indoor table top sales as possible.

As part of the Salvage Team, at the Reading Festival, we were able to obtain 8 very full car loads of equipment. We have masses of tents, folding chairs, wellies, sleeping bags, blow up mattresses etc for sale - please contact us for details.

One more date for your diaries - Saturday 19th March 2016. We will be having another huge charity sale, in Beenham Village Hall.

Now that we have new storage facilities at Beacontree Plaza, in Reading (in unused office space) we are able to take in much more stock. As we have been rather successful this year, attending many different events, this new storage area enables us to expand on what we have previously been doing. This facility has been organised by Centric, a charity who enables owners of unused buildings to lease them out, free of charge, to local charities. With this in mind we have set ourselves a challenging target of £7,500 for this coming year. Please contact me if you have anything to donate."

I would especially like to thank my sister Ruth, for all her help this year. Also, all the other members of my family and friends, who help AND DONATE throughout the year.

Lin Jenkins

Thank you Holiday Inn Reading West, Bath Road, Padworth and Kall Kwik Printers, Reading for your ongoing support.

Knitting & crochet crazy for the love of the MND Association



I am a crafting addict and love to knit and crochet to relax and be creative. I make so many toys, blankets and garments, it is just impossible to keep them all. So when I heard that my sister in law Mary Dodds was knitting toys to raise money for the Reading & West Berkshire Branch of the MND Association, I just could not resist making as many different things as I could for her.

I was asked "Why do you gift the toys for the MND Association?" Well, the main reason I do this is because of Mary's late husband Derek Prior. Unfortunately, he passed away with MND a few years before I became a member of the family. I have heard so much about this brave respected man from my husband, Mary and the family, about how happy and wonderful he was. It was a shame I did not have the privilege to meet him. So I have put all my crafting skills into creating various quality toys, teddies & baby blankets for the Association, to raise as much money as possible for this charity which now holds dear to my heart.

My influence in crafting has been passed onto my 20-year-old daughter Samantha. She also felt she just needed to do something to assist her Auntie May in raising as much money as possible. With the latest craze for loom bands she has made hundreds of bracelets in MND Association colours which have proved to be very popular for sales.

As long as I have a few hours spare in the evenings and weekends, I will clatter my needles or whip out the crochet hook and find the next pattern that takes my fancy to create more wonderful things to sell for the MND Association.

Tina McCarthy

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Events Diary

The MND Association will have a stall at each of the following events:

Saturday Oct 31	Pangbourne Fayre
Friday Nov 20 / Saturday Nov 21	Wokingham Christmas Market
Friday Dec 4 (eve)	Thatcham Lights & Market
Saturday Dec 5 (eve)	Theale Lights & Market
Sunday Dec 6	Whitchurch Christmas Market
Saturday Dec 12	Purley tabletop sale

Branch Contacts

Chair
Margaret Moss
0118 9470871

Branch Contact
07760 854975
ReadingMND@hotmail.com

Secretary
Val Pearson
0118 9789063
valerie.a.pearson@btinternet.com

Treasurer
Ed Gryglaszewski
0118 9789069

RCDA
Kathy Hymas

Events Coordinator
Gill Selby

Publicity
Jane Gilbert
0118 9714172

Newsletter
Mary Davidson
mary@rfdg.org.uk

Website
Jan Williams
p-jbrown@msn.com

Registered Charity No 294354

We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease